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# Emergency Regulation and Notice of Intended Regulatory Action (NOIRA) Agency Background Document

Agency name	DEPT. OF MEDICAL ASSISTANCE SERVICES	
Virginia Administrative Code (VAC) citation(s)	12 VAC 30-60-5	
Regulation title(s)	Applicability of utilization review requirements.	
Action title	Community Mental Health Services Documentation of Qualifications	
Date this document prepared	March 23, 2018	

This form is used when an agency wishes to promulgate an emergency regulation (to be effective for up to eighteen months), as well as publish a Notice of Intended Regulatory Action (NOIRA) to begin the process of promulgating a permanent replacement regulation. This information is required for executive branch review and the Virginia Registrar of Regulations, pursuant to the Virginia Administrative Process Act (APA), Executive Orders 17 (2014) and 58 (1999), and the Virginia Register Form, Style, and Procedure Manual.

## **Brief summary**

Please provide a brief summary of the proposed new regulation, proposed amendments to the existing regulation, or the regulation proposed to be repealed. Alert the reader to all substantive matters or changes. If applicable, generally describe the existing regulation.

This regulatory action requires providers to maintain documentation to establish that Community Mental Health Services (CMHS) are rendered by individuals with appropriate qualifications and credentials, including proof of licensure or registration when applicable.

The Department of Health Professions has begun to register Qualified Mental Health Professionals, and those working toward registration as Qualified Mental Health Professionals, and this regulation specifically includes documentation requirements for those individuals.

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## **Acronyms and Definitions**

Please define all acronyms used in the Agency Background Document. Also, please define any technical terms that are used in the document that are not also defined in the "Definition" section of the regulations.

CMHS = Community Mental Health Services

DBHDS = Department of Behavioral Health and Developmental Services

DHP = Department of Health Professions

DMAS = Department of Medical Assistance Services

QMHP = Qualified Mental Health Professional

QMHP-A = QMHP serving adult individuals

QMHP-C = QMHP serving children and adolescents

QMHP-E = An individual working toward registration as a QMHP, also called a "QMHP Trainee"

# **Emergency Authority**

The APA (Code of Virginia § 2.2-4011) states that agencies may adopt emergency regulations in situations in which Virginia statutory law or the appropriation act or federal law or federal regulation requires that a regulation be effective in 280 days or less from its enactment, and the regulation is not exempt under the provisions of subdivision A. 4. of § 2.2-4006. Please explain why this is an emergency situation as described above, and provide specific citations to the Code of Virginia or the Appropriation Act, if applicable.

Section 2.2-4011 of the *Code of Virginia* states that agencies may adopt emergency regulations in situations in which Virginia statutory law or the appropriation act or federal law or federal regulation requires that a regulation be effective in 280 days or less from its enactment, and the regulation is not exempt under the provisions of § 2.2-4006(A)(4). The 2018 *Acts of the Assembly*, Chapter 2, Item 303.X(1) directed the agency to make changes to the utilization review and provider qualifications for Community Mental Health Services in order to ensure appropriate utilization and cost efficiency. Specifically, the language states:

"The Department of Medical Assistance Services shall make programmatic changes in the provision of Intensive In-Home services and Community Mental Health services in order to ensure appropriate utilization and cost efficiency. The department shall consider all available options including, but not limited to, prior authorization, utilization review and provider qualifications. The Department of Medical Assistance Services shall promulgate regulations to implement these changes within 280 days or less from the enactment date of this Act."

The Governor is hereby requested to approve this agency's adoption of the emergency regulations entitled "Community Mental Health Services Documentation of Qualifications" (12 VAC 30-60-5) and also authorize the initiation of the promulgation process provided for in § 2.2-4007.

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## **Legal basis**

Other than the emergency authority described above, please identify the state and/or federal legal authority to promulgate this proposed regulation, including: 1) the most relevant law and/or regulation, including Code of Virginia citation and General Assembly chapter number(s), if applicable, and 2) the promulgating entity, i.e., agency, board, or person.

The *Code of Virginia* (1950) as amended, § 32.1-325, grants to the Board of Medical Assistance Services the authority to administer and amend the Plan for Medical Assistance. The *Code of Virginia* (1950) as amended, § 32.1-324, authorizes the Director of DMAS to administer and amend the Plan for Medical Assistance according to the Board's requirements. The Medicaid authority as established by § 1902 (a) of the *Social Security Act* [42 U.S.C. 1396a] provides governing authority for payments for services.

The 2018 *Acts of the Assembly*, Chapter 2, Item 303.X(1) directed the agency to make changes to the utilization review and provider qualifications for Community Mental Health Services in order to ensure appropriate utilization and cost efficiency.

In addition, Section 2.2-4011 of the Code of Virginia states that agencies may adopt emergency regulations in situations in which Virginia statutory law or the appropriation act or federal law or federal regulation requires that a regulation be effective in 280 days or less from its enactment, and the regulation is not exempt under the provisions of subdivision A. 4. of § 2.2-4006.

### **Purpose**

Please describe the subject matter and intent of the planned regulatory action. Also include a brief explanation of the need for and the goals of the new or amended regulation.

The purpose of these regulations is to establish documentation requirements for qualifications and credentials for providers of Community Mental Health Services (including residential treatment services).

#### Need

Please describe the specific reasons why the agency has determined that the proposed regulatory action is essential to protect the health, safety, or welfare of citizens. In addition, delineate any potential issues that may need to be addressed as the regulation is developed.

These regulations are needed to provide clarification to providers on the documentation requirements necessary to establish that services are rendered by individuals with appropriate

qualifications and credentials. Receiving services from appropriately qualified professionals is essential to protecting the health and safety of individuals.

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#### **Substance**

Please describe any changes that are proposed. Please outline new substantive provisions, all substantive changes to existing sections, or both where appropriate. Set forth the specific reasons the agency has determined that the proposed regulatory action is essential to protect the healthy, safety, or welfare of Virginians.

DMAS has established minimum provider requirements but regulations are needed to provide clarification to providers of the documentation required to establish that services are rendered by individuals with appropriate qualifications and credentials. The proposed changes will also update the regulations by referring to new DHP requirements for registration of QMHP-Cs, QMHP-As, and QMHP-Trainees.

Current section number	Proposed new section number, if applicable	Current requirement	Proposed change, intent, and likely impact of proposed requirements
12VAC30- 60-5		Item #2 under paragraph B was incorrectly placed – it did not relate only to service authorization.	Item #1 was combined with paragraph B and Item #2 was made a stand-alone requirement in a new paragraph C so that documentation requirements are not limited to service authorization.
		There was no requirement related to staff qualifications.	A new paragraph D was added related to staff qualifications.
			Paragraphs were re-lettered.
			DBHDS is the only entity that issues provisional licenses; paragraph H2 was amended to reflect this. The reference to community mental health providers was removed, as this duplicates the language in paragraph H.
		There is no documentation requirement specifically related to qualifications and credentials for QMHPs.	A documentation requirement was added related to qualifications and credentials for QMHPs, including proof of licensure or registration through DHP when applicable.

#### **Alternatives**

Please describe all viable alternatives to the proposed regulatory action that have been or will be considered to meet the essential purpose of the action. Also describe the process by which the agency has considered or will consider other alternatives for achieving the need in the most cost-effective manner.

No other alternatives will meet the legislative mandate.

## **Public participation**

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Please indicate whether the agency is seeking comments on the intended regulatory action, to include ideas to assist the agency in the development of the proposal and the costs and benefits of the alternatives stated in this notice or other alternatives. Also, indicate whether a public meeting is to be held to receive comments. Please also indicate whether a Regulatory Advisory Panel or a Negotiated Rulemaking Panel has been used in the development of the emergency regulation and whether it will also be used in the development of the permanent regulation.

The agency is seeking comments on this regulatory action, including but not limited to: ideas to be considered in the development of this proposal, the costs and benefits of the alternatives stated in this background document or other alternatives, and the potential impacts of the regulation.

The agency is also seeking information on impacts on small businesses as defined in § 2.2-4007.1 of the Code of Virginia. Information may include: projected reporting, recordkeeping, and other administrative costs; the probable effect of the regulation on affected small businesses; and the description of less intrusive or costly alternatives for achieving the purpose of the regulation.

Anyone wishing to submit comments may do so via the Regulatory Town Hall website (<a href="http://www.townhall.virginia.gov">http://www.townhall.virginia.gov</a>), or by mail, email, or fax to Ashley Harrell, 600 East Broad Street Richmond Virginia 23219, 804-593-2468, ashley.harrell@dmas.virginia.gov. Written comments must include the name and address of the commenter. In order to be considered, comments must be received by midnight on the last day of the public comment period.

A public hearing will not be held following the publication of the proposed stage of this regulatory action.

## **Family Impact**

Please assess the impact of the proposed regulatory action on the institution of the family and family stability including to what extent the regulatory action will: 1) strengthen or erode the authority and rights of parents in the education, nurturing, and supervision of their children; 2) encourage or discourage economic self-sufficiency, self-pride, and the assumption of responsibility for oneself, one's spouse, and one's children and/or elderly parents; 3) strengthen or erode the marital commitment; and 4) increase or decrease disposable family income.

These changes do not strengthen or erode the authority or rights of parents in the education, nurturing, and supervision of their children; nor encourage or discourage economic self-sufficiency, self-pride, and the assumption of responsibility for oneself, one's spouse, and one's children and/or elderly parents. It does not strengthen or erode the marital commitment, and does not increase or decrease disposable family income.